March 2024

Sun	Mon	Tue	Wed	Thur	Fri	Sat
			100		1	2
				/	Hard boiled egg, orange & milk	
1				1	Pepperoni pizza, Romaine Salad, honeydew & milk	
2				1	WG cereal snack mix & apple	98
Note: Water is served for after- noon snack where no other beverage	4 WG Life Cereal, kiwi & milk	5 Bagel & cream cheese, cantaloupe & milk	6 WG Kix cereal, banana & milk	7 WG Oat-bran muffin, apple & milk	8 Rice Krispies, Bananas & milk	9
is listed	Refried Beans & cheese (Vegetarian), Brown Rice, Corn & peppers, sliced peaches & milk	Chicken & vegetable soup, sourdough bread, orange & milk	Beef soft taco, Guacamole salad, banana & milk	Moroccan chickpea stew (vegan), pita, fruit salad & milk	Cheese quiche, steamed mixed veggies, blueberries & milk	
age of	Turkey & Provolone Roll & apple	WG Rice cake & sun butter	Pasta & ham salad	Ritz crackers & cheese	WG Goldfish, peeled baby carrots	
All fruit is fresh unless otherwise stated	11 WG Cheerios, pear & milk	12 Bagel & Cream cheese w/ orange & milk	13 Waffle w/ warm applesauce topping & milk	14 WG Oat bran muffin w/ banana & milk	15 WG Life cereal, pear & milk	16
*WG (Whole Grain) *ALL Dry cereal has less than .212	Vegetarian Chili (Vegan), bread, strawberries & Milk	Sliced ham & cheese w/ peeled baby carrots & milk	Macaroni & Cheese (Vegetarian) steamed broccoli, fruit salad & milk	Chicken jambalaya (pork & Shellfish) Rice, Pineapple tidbits & milk	Pasta Bolognese (Beef) w/ green salad, kiwi & milk	
grams of sugar	Sun butter & Ritz crackers	WG Wheat thins & apple	WG Rice Cake & banana	Cereal snack mix & apple	Soft pretzels & sun butter	
Age appropriate Milk is served with breakfast:	18 WG Kix cereal, banana & milk	19 WG Oatmeal w/ apple & milk	20 WG Life cereal, apple & milk	21 Bagel & cream cheese w/ orange & milk	22 Hard boiled egg, apple & milk	23
12mo-2yrs Whole milk 2yrs-5yrs Skim milk	Chicken salad wrap, vegetable soup, pear & milk	Cheese pizza, sliced peaches, broccoli & milk	Greek chicken salad w/ pita, sliced honeydew melon & milk	Mild chicken curry & carrots w/ WG brown rice, banana & milk	Refried beans (vegetarian) & cheese w/ soft tortillas, corn & sweet peppers, banana & milk	1
	Corn muffin & milk	Goldfish & pear	Ritz crackers & cheese	Wheat thins & grapes	WG Rice cake & milk	6
24	WG oat bran muffin, pear & milk	26 WG cheerios, apple & milk	27 Bagel & cream cheese w/ orange & milk	28 Waffle w/ warm apples topping & milk	29 WG Life cereal, apple & milk	30
	Beef BBQ slider w/ corn, cantaloupe & milk	Minestrone soup (Vegetarian), sliced bread, orange & milk	Chicken gravy w/ biscuits, mashed potatoes, fruit salad & milk	Sun butter on WW (Vegetarian), steamed green beans, banana, & milk	Tuna salad wrap w/ peeled baby carrots, pineapple tidbits & milk	
31	Pretzels & 100% apple juice	Goldfish & pear	WG Triscuits & cheese	Cereal snack mix & kiwi	Graham crackers & milk	

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