

Challenging Behavior

Build Protective Factors

Develop Empathy

Respond to Anger Appropriately

- How to help a child who has challenging behavior:

- Build Protective Factors

- Initiative
 - Self regulation
 - Attachment/relationships

- Resources to be referred to: Devereux and Flip It!

- How to Develop Empathy in a child:

- There are programs/curriculum to develop empathy

- Second Step Curriculum
 - Paths for Pre-School
 - AI's Pals

- Responding to Anger
 - Anger is seldom rational or intentional
 - Anger is the practice of fear
 - React to anger with peace, calm and love
 - Emotion of teacher fuels the anger of the child
 - Stay calm, teach self control, de-escalates child's agitation
 - Model forgiveness
- Anger management strategies – books, emotion charts, mood meter, self talk