

September 2024

Sun	Mon	Tue	Wed	Thur	Fri	Sat
<p>Note: Water is served for afternoon snack where no other beverage is listed</p> <p>Skim milk is served with breakfast, lunch and snack where noted.</p> <p>Infants from 12-24 months receive whole milk</p>	<p>2</p> <p>IC3 Closed Labor Day</p>	<p>3</p> <p>WG Cheerios, apple & milk</p> <p>Sliced turkey & Swiss on WW, carrots, plums & milk</p> <p>Soft pretzel & Sunbutter</p>	<p>4</p> <p>Corn Flakes, orange & milk</p> <p>Chicken gravy & biscuits, mashed potatoes, apple sauce & milk</p> <p>WG cereal snack mix & peaches</p>	<p>5</p> <p>Bagel & cream cheese, apple & milk</p> <p>Yogurt, graham crackers, sliced cucumbers, banana & milk</p> <p>WG Triscuits & kiwi</p>	<p>6</p> <p>WG Life cereal, orange & milk</p> <p>Pulled pork w/ tomatillo sauce, rice, pineapple tidbits & milk</p> <p>Blueberry-bran muffin & milk</p>	<p>7</p>
<p>All fruit is FRESH fruit unless otherwise indicated.</p> <ul style="list-style-type: none"> Apples Bananas Pears Kiwis Seasonal 	<p>9</p> <p>WG Kix cereal, pear & mlk</p> <p>Mac & cheese, peas, kiwi & milk</p> <p>WG rice cakes & milk</p>	<p>10</p> <p>Bagel & cream cheese, orange & milk</p> <p>Sliced turkey w/ Provolone on WW, lettuce, tomato, banana & milk</p> <p>Bran muffin & apple</p>	<p>11</p> <p>Waffle, banana & milk</p> <p>Chicken spiedie on a bun w/ 3 bean salad, peaches & milk</p> <p>WG Goldfish & apple</p>	<p>12</p> <p>WG oat bran muffin, apple & milk</p> <p>Pasta marinara, shredded mozzarella, kiwi & milk</p> <p>Ritz crackers & sunbutter</p>	<p>13</p> <p>WG Chex cereal, orange & milk</p> <p>Pepperoni pizza, green salad, apple sauce & milk</p> <p>Graham crackers & milk</p>	<p>14</p>
<p>*Wholegrain (WG) component with at least 1 meal per day.</p> <p>*All dry cereals contain less than 6g of sugar per dry ounce and are whole grain (WG)</p>	<p>16</p> <p>WG Kix cereal, banana & milk</p> <p>Baked chicken and couscous w/ steamed broccoli & cauliflower, apple & milk</p> <p>Cheddar cheese & Triscuits</p>	<p>17</p> <p>WG oatbran muffin, apple & milk</p> <p>Vegetarian chili w/ saltine crackers, banana & milk</p> <p>WG cereal snack mix & orange</p>	<p>18</p> <p>Bagel & cream cheese, pear & milk</p> <p>Meatballs in red sauce w/ French bread, green salad, fruit salad & milk</p> <p>WG rice cakes & sunbutter</p>	<p>19</p> <p>WG Chex cereal, banana & milk</p> <p>Cottage cheese, Wheat Thins, carrots, strawberries & milk</p> <p>Dilled cucumbers & pretzels</p>	<p>20</p> <p>WG Chex cereal, orange & milk</p> <p>Chicken Caesar salad w/ club crackers, banana & milk</p> <p>Wheat Thins & apple</p>	<p>21</p>
<p>22</p>	<p>23</p> <p>WG Life cereal, pear & milk</p> <p>Beef soft taco, steamed corn & bell peppers, pineapple tidbits & milk</p> <p>Goldfish & kiwi</p>	<p>24</p> <p>Bagel & cream cheese, orange & milk</p> <p>Ham & cheese on WW, steamed carrots, applesauce & milk</p> <p>Cereal snack mix & banana</p>	<p>25</p> <p>WG Kix cereal, apple & milk</p> <p>Chicken cacciatore w/ penne pasta, fruit salad & milk</p> <p>Ritz crackers & cheese</p>	<p>26</p> <p>WG Cheerios, orange & milk</p> <p>Hummus & pita w/ broccoli, strawberries & milk</p> <p>Corn muffin & banana</p>	<p>27</p> <p>WG oatmeal, apple & milk</p> <p>Cheese pizza, green salad, strawberries & milk</p> <p>Graham crackers & milk</p>	<p>28</p>
<p>29</p>	<p>30</p> <p>WG Life cereal, orange & milk</p> <p>Minestrone, oyster crackers, banana & milk</p> <p>Turkey & provolone pinwheel wraps</p>					