

# January 2025

Sun	Mon	Tue	Wed	Thur	Fri	Sat
	30 <b>CLOSED</b>	31 <b>CLOSED</b>	1 <b>CLOSED</b>	2 WG Cheerios, apple & milk  Mac & Cheese (Vegetarian) w/ steamed broccoli & cauliflower, sliced pears & milk  Ritz crackers & sun butter	3 Waffles (contain egg) Banana & milk  Cheese pizza (Vegetarian), steamed mixed veggies, apple sauce & milk  WG Cereal snack mix & milk	4
<b>*All fruit is fresh unless otherwise stated*</b> <b>*WG (Whole Grain)</b> <b>*ALL Dry cereal has less than .212 grams of sugar</b>	6 WG Life cereal, orange & milk  BBQ pulled pork w/ corn break, 3 bean salad & milk  Goldfish crackers	7 WG oatbran muffin (contain egg) apple & milk  Chicken & eggplant soup, Italian bread, sliced peaches & milk  Yogurt & bananas	8 Rice Krispies, pear & milk  Sweet & sour chicken w/ brown rice broccoli & carrots, pineapple tidbits & milk  Apple slices & sun butter	9 Bagel, orange & milk  Meatballs Alfredo (Contains egg & dairy) w/ Italian bread, tossed salad, fruit salad & milk  WG Wheat Thins & cheese	10 WG Kix cereal, apple & milk  Tuna noodle casserole (contains egg & dairy) steamed peas, banana & milk  Graham crackers & milk	11
<b>Note: Water is served for afternoon snack where no other beverage is listed</b>  <b>Milk is served with breakfast and lunch</b>	13 WG Cheerios, orange & milk  Chicken vegetable soup, bread, apple & milk  Rice cakes & sun butter	14 WG Oatmeal, banana & milk  Pasta marinara (Vegan) w/ shredded mozzarella, kiwi & milk  Soft pretzel bites & 100% apple juice	15 Cornflakes, orange & milk  Pepperoni pizza (contains pork), tossed salad, fruit salad & milk  WG Goldfish & celery sticks	16 Waffles (contain egg) apple sauce & milk  Chicken jambalaya (contains shellfish, pork) long grain & wild rice, sliced peaches & milk  WG Triscuits & cheese	17 WG Life cereal, orange & milk  White chili (Contains dairy, poultry) sourdough bread, kiwi & milk  Animal crackers & milk	18
19	20 WG oatbran muffin (contain egg) apple & milk  Scrambled eggs, breakfast potatoes, bagel, orange & milk  Pretzels, peeled baby carrots	21 WG Chex cereal, orange & milk  Refried beans (Vegetarian) & cheese w/ flour tortilla, corn, banana & milk  Ritz crackers & sun butter	22 Cornflakes, pear & milk  Sliced ham & cheese on WW, vegetable soup, (vegan) fruit salad & milk  Goldfish crackers & apple	23 WG Kix cereal, banana & milk  Meatloaf (contains egg) & mashed potatoes, dinner roll, sliced pears & milk  WG rice cake & milk	24 Rice Krispies, orange & milk  Falafel chili (vegan, contains sesame) W/ WG brown rice, banana & milk  Graham crackers & milk	25
26	27 WG Life cereal, apple & milk  Mac & cheese, (vegetarian) steamed green beans, banana & milk  Cottage cheese & pear	28 WG oatmeal, banana & milk  Beef soft taco w/ guacamole salad, pineapple tidbits & milk  Sliced cheese, pepperoni & club crackers	29 WG Cheerios, orange & milk  Yogurt, Wheat Thins, peeled baby carrots, banana & milk  Dilled cucumbers & pretzels	30 Bagel, kiwi & milk  Chicken cacciatore, penne-pasta, fruit salad & milk  Sun butter on WW bread	31 WG Life cereal, orange & milk  Lentil & carrot soup (vegan), bread, apple & milk  Graham crackers & milk	