

March 2025

Sun	Mon	Tue	Wed	Thur	Fri	Sat
	<p>3 WG Kix cereal, orange & milk</p> <p>Mac & cheese w/ steamed mixed veggies, applesauce & milk</p> <p>Goldfish crackers & bananas</p>	<p>4 Bagel, pear & milk</p> <p>Beef BBQ sliders, steamed corn, sliced peaches & milk</p> <p>WG Triscuits & Cheese</p>	<p>5 WG oatmeal, banana & milk</p> <p>Spinach & cheese quesadilla, pinto beans, fresh fruit salad & milk</p> <p>Cereal snack mix & pear</p>	<p>6 WG life cereal, apple & milk</p> <p>Ham & bean soup w/ crackers, green salad, banana & milk</p> <p>Soft pretzels & sunbutter</p>	<p>7 Waffles (contain egg), applesauce & milk</p> <p>Pasta & vegetable sauce, shredded mozzarella, kiwi & milk</p> <p>WG oatbran muffin & milk</p>	8
<p>9 Note: Water is served for afternoon snack where no other beverage is listed</p>	<p>10 WG Kix cereal, banana & milk</p> <p>Chicken biscuits & gravy, mashed potatoes, applesauce & milk</p> <p>Cottage cheese & orange</p>	<p>11 WG Oatbran muffin, apple & milk</p> <p>Red beans & rice (vegan) sweet potatoes, sliced pears & milk</p> <p>Ritz crackers & sunbutter</p>	<p>12 WG Cheerios, orange & milk</p> <p>Tuna noodle casserole (egg free), steamed peas, banana & milk</p> <p>Corn muffin & pear</p>	<p>13 Rice Krispies, apple & milk</p> <p>Chicken & eggplant soup, sliced bread, kiwis & milk</p> <p>WG Wheat Thins & cheese</p>	<p>14 WG Life cereal, banana & milk</p> <p>Cheese & mushroom pizza, green salad, sliced peaches & milk</p> <p>Animal crackers & milk</p>	15
<p>16 *All fruit is fresh unless otherwise stated*</p> <p>*WG (Whole Grain)</p> <p>*ALL Dry cereal has less than .212 grams of sugar</p>	<p>17 WG Oatmeal, pear & milk</p> <p>Vegetarian refried beans & cheese, flour tortilla, steamed corn, pineapple tidbits & milk</p> <p>Pretzels & peeled baby carrots</p>	<p>18 Waffles (contain egg), applesauce & milk</p> <p>Minestrone soup (vegan), crackers, banana & milk</p> <p>WG snack mix & pear</p>	<p>19 Bagel, orange & milk</p> <p>Sliced turkey & Swiss on WW w/ steamed carrots, sliced peaches & milk</p> <p>WG Rice cakes & sunbutter</p>	<p>20 WG Kix cereal, banana & milk</p> <p>Carolina style-pulled pork BBQ sliders, potato salad, watermelon & milk</p> <p>Yogurt & banana</p>	<p>21 Corn Flakes, apple & milk</p> <p>Sweet & sour chicken w/ WG brown rice, steamed broccoli, fresh fruit & milk</p> <p>WG oatbran muffin & milk</p>	22
23	<p>24 WG Life cereal, orange & milk</p> <p>Chili con carne, crackers, banana & milk</p> <p>Soft pretzels & pear</p>	<p>25 WG Cheerios, apple & milk</p> <p>Cheese quiche (contains egg & dairy), green salad, kiwi & milk</p> <p>Corn muffin (contains egg & dairy), banana</p>	<p>26 WG Oatbran muffin (contains egg), banana & milk</p> <p>Chicken vegetable soup, bread, fresh fruit salad & milk</p> <p>Dilled cucumbers & Goldfish crackers</p>	<p>27 Yogurt, banana & milk</p> <p>Sunbutter on WW, peeled baby carrots & milk</p> <p>Pretzels & 100% apple juice</p>	<p>28 Rice Krispies, kiwi & milk</p> <p>Black beans & WG brown rice, guacamole salad, pineapple tidbits & milk</p> <p>Graham crackers & milk</p>	29
30	<p>31 WG Life cereal, orange & milk</p> <p>Sweet & sour meatballs, WG brown rice, steamed mixed veggies, cantaloupe & milk</p> <p>Club crackers & cheese</p>					