

# April 2025

Sun	Mon	Tue	Wed	Thur	Fri	Sat	
		<p>1 WG Kix cereal, apple &amp; milk</p> <p>Minestrone soup (vegan) w/ crackers, kiwi &amp; milk</p> <p>Hummus (contains sesame) &amp; pita</p>	<p>2 Waffles, applesauce &amp; milk</p> <p>Pasta &amp; cheese bake (egg free), steamed broccoli &amp; cauliflower, orange &amp; milk</p> <p>Oatbran muffin (contains egg) &amp; banana</p>	<p>3 Cornflakes, orange &amp; milk</p> <p>Pinto beans w/ cheese (Vegetarian), rice, peppers &amp; corn, pineapple tidbits &amp; milk</p> <p>WG snack mix &amp; apple</p>	<p>4 WG Cheerios, banana &amp; milk</p> <p>Mac &amp; Cheese (Vegetarian), steamed peas, applesauce &amp; milk</p> <p>Graham crackers &amp; milk</p>	5	
<p>6 Note: Water is served for after-noon snack where no other beverage is listed</p> <p>Milk is served with breakfast and lunch</p>	<p>7 Cornflakes, orange &amp; milk</p> <p>Chicken Caesar salad w/ garlic bread, cantaloupe &amp; milk</p> <p>WG Wheat thins &amp; cheese</p>	<p>8 WG oatmeal, bananas &amp; milk</p> <p>Cheese pizza w/ steamed mixed veggies, pear &amp; milk</p> <p>Goldfish &amp; apple</p>	<p>9 Corn muffin, orange &amp; milk</p> <p>Carolina style pulled pork sliders, baked beans, fresh fruit salad &amp; milk</p> <p>WG Rice cake &amp; sunbutter</p>	<p>10 WG Life cereal, apple &amp; milk</p> <p>Quiche Loraine, (contains egg, dairy &amp; pork) green salad, slices peaches &amp; milk</p> <p>Fresh veggies w/ pretzels &amp; dip</p>	<p>11 Bagel, orange &amp; milk</p> <p>Sliced ham &amp; cheese on WW bread w/ potato-leek soup (contains dairy), apple &amp; milk</p> <p>Animal crackers &amp; milk</p>	12	
<p>13 *All fruit is fresh unless otherwise stated*</p> <p>WG= Whole Grain Serving</p>	<p>14 WG Chex cereal, apple &amp; milk</p> <p>Pasta primavera (vegan) shredded mozzarella, kiwi &amp; milk</p> <p>Yogurt &amp; banana</p>	<p>15 Rice Krispies, pear &amp; milk</p> <p>Sunbutter on WW, peeled baby carrots, strawberries &amp; milk</p> <p>Club crackers &amp; cheese</p>	<p>16 Yogurt, banana &amp; milk</p> <p>Meatballs, red sauce (Contains egg, dairy, pork &amp; beef) sliced Italian bread, green salad, sliced peaches &amp; milk</p> <p>WG snack mix &amp; apple</p>	<p>17 WG Cheerios, kiwi &amp; milk</p> <p>Falafel chili (vegan, contains sesame) crackers, fresh fruit salad &amp; milk</p> <p>Soft pretzel bites &amp; sunbutter</p>	<p>18</p> <p><b>IC3 CLOSED Work Day</b></p> <p>19</p>		
<p>20 All IC3 breakfasts are less than .212g of sugar for dry cereals*</p>	<p>21</p> <p><b>IC3 CLOSED</b></p> <p><b>PROFESSIONAL DEVELOPMENT DAY</b></p>		<p>22 Waffles, applesauce &amp; milk</p> <p>Sliced turkey &amp; cheese on WW, 3 bean salad, oranges &amp; milk</p> <p>WG cereal snack mix &amp; kiwi</p>	<p>23 Corn muffin, pear &amp; milk</p> <p>Scrambled eggs, breakfast potatoes, bagel, orange &amp; milk</p> <p>WG Triscuits &amp; cheese</p>	<p>24 WG Life cereal, applesauce &amp; milk</p> <p>Chicken soft taco, guacamole salad, fresh fruit salad &amp; milk</p> <p>Dilled cucumbers &amp; pretzels</p>	<p>25 WG oatmeal, banana &amp; milk</p> <p>Tuna noodle casserole (egg free), steamed mixed veggies, applesauce &amp; milk</p> <p>Graham crackers &amp; milk</p>	26
<p>27 Milk Served:</p> <p>Whole: 12month—2 years</p> <p>Skim: 2 years &amp; Up</p>	<p>28 WG Kix cereal, apple &amp; milk</p> <p>Baked chicken w/ couscous, broccoli &amp; pear</p> <p>Goldfish crackers, peeled baby carrots</p>	<p>29 WG oatbran muffin, banana &amp; milk</p> <p>Mac &amp; cheese, steamed mixed veggies, pear &amp; milk</p> <p>Ritz &amp; Sunbutter</p>	<p>30 Cornflakes, orange &amp; milk</p> <p>Black beans &amp; WG brown rice, steamed peppers &amp; corn, fresh fruit salad &amp; milk</p> <p>Cottage cheese &amp; pineapple tidbits</p>				