

AUGUST 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Bagel, banana & milk Vegetarian cheese quesadilla, corn & black beans, fruit salad & milk Animal crackers & milk
4 WG Cheerios, apple & milk Beef BBQ slider, boiled potatoes, watermelon & milk Triscuits & cheese	5 Waffle (contains egg), banana & milk Sliced ham & cheese on WW, lettuce, tomato, strawberries & milk Carrots, celery sticks w/ sun butter	6 WG Kix cereal, orange & milk Mac n Cheese (vegetarian) w/ steamed mixed veggies & milk Goldfish & 100% apple juice	7 WG oat bran muffin w/ apples & milk Chicken salad on WW w/ lettuce, tomato, strawberries & milk Cucumbers & pretzels w/ dip	8 WG Chex cereal, banana & milk Three cheese pizza (vegetarian) w/ tossed salad, fruit salad & milk Graham crackers & milk
11 Corn muffin, orange & milk Beef soft taco w/ salsa, guacamole salad, strawberries & milk WG Goldfish & apple	12 Rice Krispies, pear & milk Sun butter (vegetarian) on WW w/ steamed green beans, peaches & milk Chicken Caesar salad w/ club crackers & milk	13 Waffle (contains egg), apple & milk Chicken Caesar salad w/ club crackers & milk Yogurt & banana	14 Cornflakes, banana & milk Pasta marinara (vegetarian) w/ shredded Mozzarella, fruit salad & milk WG rice cakes & kiwi	15 Oat bran muffin, apple & milk BBQ pulled pork, couscous salad, watermelon & milk Whole grain snack mix & pear
18 Bagel, orange & milk Sliced turkey & Swiss on WW w/ lettuce, tomato, fruit salad & milk Ritz crackers & cheese	19 WG Life Cereal, orange & milk Yogurt, banana, peeled baby carrots, graham crackers & milk Goldfish crackers & apple	20 Cheerios, pear & milk Tunna salad (contains egg) on sour dough w/ plums, 3 bean salad & milk Animal crackers & milk	21 Waffle (contains egg), orange & milk Chicken soft taco w/ corn & black beans, sliced peaches & milk WG Goldfish crackers & apple	22 Bagel, orange & milk Hawaiian pizza (contains pork), steamed broccoli & cauliflower, fruit salad & milk WG snack mix & kiwi
25 Kix cereal, pear & milk Mac n Cheese w/ steamed peas & carrots & milk Rice cakes & sun butter	26 Corn muffin, banana & milk Baked chicken w/ couscous & roasted vegetables, pear & milk WG Triscuits & 100% apple juice	27 Life cereal, orange & milk BBQ beef sliders, biscuits, boiled potatoes, fruit salad & milk Bran muffin & pear	28 Bagel, banana & milk Cottage cheese, (vegetarian) peeled baby carrots, sliced peaches, club crackers & milk	29 Chex cereal, orange & milk Antipasto-Pasta salad (contains pork) w/ peeled baby carrots, strawberries & milk Rice cakes & peaches

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status.

Water is served for Afternoon Snack where no other beverage is listed. Milk is served with morning snack and lunch

All fresh fruit is served unless otherwise stated

All IC3 Morning Snack include a Whole Grain (WG) component with less than .212g of sugar for dry cereals