

DECEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 WG Life cereal, pear & milk Sunbutter (vegan) on WW, bananas, steamed green beans & milk Pretzels & 100% Apple juice	2 WG oatbran muffin (dairy & egg), orange & milk Macaroni & cheese (vegetarian), steamed peas & carrots, applesauce & milk Yogurt & banana	3 Waffles (contains egg), sliced peaches & milk Chicken soft taco w/ black beans & corn, banana & milk WG Wheat Thins & pear	4 Cornflakes, banana & milk Lentils & Rice w/ steamed carrots, orange & milk WG cereal snack mix & apple	5 WG Cheerios, pear & milk Meatball sandwich (contains egg, dairy, beef, pork), tossed salad, fruit salad & milk Graham crackers & milk
8 WG Kix cereal, apple & milk Cheese quiche (contains egg & dairy), steamed peas, slices peaches & milk Soft pretzel bites & orange	9 WG Oatmeal, banana & milk Beef chili w/ bread, apple & milk Ritz crackers & sunbutter	10 Corn muffin (contains egg & dairy) orange & milk BBQ chicken sliders w/ steamed corn, applesauce & milk WG Triscuits & cheese	11 WG Life cereal, pear & milk Cheese pizza, steamed broccoli cauliflower & carrots, pineapple tidbits & milk Goldfish & apple	12 Rice Krispies, orange & milk Sliced ham & cheese on WW, potato soup, banana & milk Animal crackers & milk
15 WG Life Cereal, orange & milk Chicken & gravy w/ biscuit, mashed potatoes, applesauce & milk Cheese-Its & banana	16 Cornflakes, pear & milk Chicken vegetable soup w/ bread, banana & milk WG Rice cakes & sunbutter	17 Waffles (contains egg), sliced peaches & milk Pasta marinara (vegetarian), shredded mozzarella, pear & milk WG cereal snack mix & apple	18 Bagel, orange & milk Falafel Chili (vegan, contains sesame), oyster crackers, banana & milk WG Wheat Thins & apple	19 WG Kix cereal, apple & milk Pulled pork, corn bread, steamed corn, fruit salad & milk Graham crackers & milk
22 WG Cheerios, apple & milk Morroccan chickpea stew, bread, banana & milk Soft pretzel & cheese	23 Rice Krispies, orange & milk Sun butter on WW, green beans, banana & milk Wheat Thins & 100% apple juice	24	25	26
29	30	31	IC3 is closed December 24, 2025 To January 4, 2026 (IC3 Will reopen Monday, January 5th)	

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status.

Water is served for Afternoon Snack where no other beverage is listed. Milk is served with morning snack and lunch

All fresh fruit is served unless otherwise stated

All IC3 Morning Snack include a Whole Grain (WG) component with less than .212g of sugar for dry cereals