

FEBRUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>WG life cereal, orange & milk</p> <p>Cheese Quiche (contains egg, dairy), broccoli, cauliflower, banana & milk</p> <p>Ritz crackers & sun butter</p>	<p>3</p> <p>Bagel, apple & milk</p> <p>Sliced turkey on WW w/ vegetable soup, strawberries & milk</p> <p>Goldfish & pear</p>	<p>4</p> <p>WG oatmeal, banana & milk</p> <p>Beef BBQ sliders, mashed potatoes, fruit salad & milk</p> <p>Rice cakes & apple</p>	<p>5</p> <p>WG Kix, orange & milk</p> <p>Mac & cheese (vegetarian), peas & carrots, banana & milk</p> <p>Muffin (contains egg & dairy) & milk</p>	<p>6</p> <p>Waffles (contains egg & dairy), applesauce & milk</p> <p>Falafel chili (vegan & sesame) , saltines, orange & milk</p> <p>WG snack mix & apple</p>
<p>9</p> <p>WG Chex cereal, orange & milk</p> <p>Veggie pizza (vegetarian), tossed salad, banana & milk</p> <p>Goldfish crackers & apple</p>	<p>10</p> <p>WG Oatmeal, banana & milk</p> <p>Meatballs (contains beef, pork & dairy) & pasta marinara, orange & milk</p> <p>Club crackers & cheese</p>	<p>11</p> <p>Corn muffin (contains egg & dairy), pear & milk</p> <p>Red beans & WG brown rice, mashed yams (all vegan) fruit salad & milk</p> <p>WG Rice cakes & sun butter</p>	<p>12</p> <p>Rice Krispies cereal, orange & milk</p> <p>Scrambled egg w/ bagel, breakfast potatoes, banana & milk</p> <p>WG oat bran muffin (contains egg & dairy) & apple</p>	<p>13</p> <p>WG Life cereal, apple & milk</p> <p>Chicken soft taco w/ black beans & corn, banana & milk</p> <p>Animal crackers & milk</p>
<p>16</p> <p>Cornflakes, orange & milk</p> <p>Mac & cheese (vegetarian) w/ steamed mixed veggies, banana & milk</p> <p>WG Triscuits w/ sliced cheese & pepperoni (contains beef & pork)</p>	<p>17</p> <p>WG oat bran muffin (contains egg, honey & dairy), apple & milk</p> <p>Carolina style pulled pork BBQ, bun w/ corn, sliced peaches & milk</p> <p>Cereal snack mix & orange</p>	<p>18</p> <p>Waffles (contains egg & dairy), applesauce & milk</p> <p>Sweet & sour chicken w/ WG brown rice, broccoli & carrots, pineapple tidbits & milk</p> <p>Rice cakes & sun butter</p>	<p>19</p> <p>WG Life Cereal, pear & milk</p> <p>Cheese pizza (vegetarian), steamed broccoli and carrots, apple & milk</p> <p>Pretzels & 100% apple juice</p>	<p>20</p> <p>WG Chex cereal, banana & milk</p> <p>Ham & Swiss on WW, potato soup (contains dairy), apple & milk</p> <p>Graham crackers & milk</p>
<p>23</p> <p>WG Cheerios, kiwi & milk</p> <p>Chicken vegetable soup, apple & milk</p> <p>Cottage cheese & orange</p>	<p>24</p> <p>Bagel w/ cream cheese, pear & milk</p> <p>Ground beef & gravy w/ bread, apple sauce & milk</p> <p>WG Wheat Thins & cheese</p>	<p>25</p> <p>WG oatmeal, banana & milk</p> <p>Cheese & spinach quesadilla (Vegetarian), corn, fruit salad & milk</p> <p>Soft pretzels bites & pear</p>	<p>26</p> <p>Rice Krispies cereal, orange & milk</p> <p>Lentil and carrot soup (vegan), bread, pear & milk</p> <p>WG Wheat Thins & apple</p>	<p>27</p> <p>WG Kix cereal, orange & milk</p> <p>Pasta marinara (vegetarian), shredded mozzarella, sliced peaches & milk</p> <p>WG blueberry oat bran muffin & milk</p>
<p><i>The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status.</i></p> <p><i>Water is served for Afternoon Snack where no other beverage is listed. Milk is served with morning snack and lunch</i></p> <p><i>All fresh fruit is served unless otherwise stated</i></p> <p><i>All IC3 Morning Snack include a Whole Grain (WG) component with less than .212g of sugar for dry cereals</i></p>				