

FEBRUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 WG life cereal, orange & milk Cheese Quiche (contains egg, dairy), broccoli, cauliflower, banana & milk Ritz crackers & sun butter	3 Bagel, apple & milk Sliced turkey on WW w/ vegetable soup, strawberries & milk Goldfish & pear	4 WG oatmeal, banana & milk Beef BBQ sliders, mashed potatoes, fruit salad & milk Rice cakes & apple	5 WG Kix, orange & milk Mac & cheese (vegetarian), peas & carrots, banana & milk Muffin (contains egg & dairy) & milk	6 Waffles (contains egg & dairy), apples sauce & milk Falafel chili (vegan & sesame) , saltines, orange & milk WG snack mix & apple
9 WG Chex cereal, orange & milk Veggie pizza (vegetarian), tossed salad, banana & milk Goldfish crackers & apple	10 WG Oatmeal, banana & milk Meatballs (contains beef, pork & diary) & pasta marinara, orange & milk Club crackers & cheese	11 Corn muffin (contains egg & dairy), pear & milk Red beans & WG brown rice, mashed yams (all vegan) fruit salad & milk WG Rice cakes & sun butter	12 Rice Krispies cereal, orange & milk Scrambled egg w/ bagel, breakfast potatoes, banana & milk WG oat bran muffin (contains egg & dairy) & apple	13 WG Life cereal, apple & milk Chicken soft taco w/ black beans & corn, banana & milk Animal crackers & milk
16 Cornflakes, orange & milk Mac & cheese (vegetarian) w/ steamed mixed veggies, banana & milk WG Triscuits w/ sliced cheese & pepperoni (contains beef & pork)	17 WG oat bran muffin (contains egg, honey & dairy), apple & milk Carolina style pulled pork BBQ, bun w/ corn, sliced peaches & milk Cereal snack mix & orange	18 Waffles (contains egg & dairy), applesauce & milk Sweet & sour chicken w/ WG brown rice, broccoli & carrots, pineapple tidbits & milk Rice cakes & sun butter	19 WG Life Cereal, pear & milk Cheese pizza (vegetarian), steamed broccoli and carrots, apple & milk Pretzels & 100% apple juice	20 WG Chex cereal, banana & milk Ham & Swiss on WW, potato soup (contains dairy), apple & milk Graham crackers & milk
23 WG Cheerios, kiwi & milk Chicken vegetable soup, apple & milk Cottage cheese & orange	24 Bagel w/ cream cheese, pear & milk Ground beef & gravy w/ bread, apple sauce & milk WG Wheat Thins & cheese	25 WG oatmeal, banana & milk Cheese & spinach quesadilla (Vegetarian), corn, fruit salad & milk Soft pretzels bites & pear	26 Rice Krispies cereal, orange & milk Lentil and carrot soup (vegan), bread, pear & milk WG Wheat Thins & apple	27 WG Kix cereal, orange & milk Pasta marinara (vegetarian), shredded mozzarella, sliced peaches & milk WG blueberry oat bran muffin & milk
<p>The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status.</p> <p>Water is served for Afternoon Snack where no other beverage is listed. Milk is served with morning snack and lunch</p> <p>All fresh fruit is served unless otherwise stated</p> <p>All IC3 Morning Snack include a Whole Grain (WG) component with less than .212g of sugar for dry cereals</p>				