

MARCH 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 WG Kix cereal, orange & milk</p> <p>Mac & Cheese (vegetarian) w/ steamed mixed veggies, applesauce & milk</p> <p>Goldfish crackers & bananas</p>	<p>3 Bagel, pear & milk</p> <p>Sliced turkey on WW with cheese, green salad, apple & milk</p> <p>WG Triscuits & orange</p>	<p>4 WG oatmeal, banana & milk</p> <p>Spinach & cheese quesadillas (vegetarian) w/ pinto beans, fresh fruit salad & milk</p> <p>Cereal snack mix & milk</p>	<p>5 WG Life cereal, apple & milk</p> <p>Ham & bean soup w/ crackers, banana & milk</p> <p>Soft pretzels & sun butter</p>	<p>6 Waffles (contains egg), applesauce & milk</p> <p>Pasta & primavera (vegan), shredded mozzarella, oranges & milk</p> <p>Graham crackers & milk</p>
<p>9 WG Chex cereal, pear & milk</p> <p>Chicken biscuits & gravity, mashed potatoes, applesauce & milk</p> <p>Yogurt & banana</p>	<p>10 WG Oatbran muffin, apple & milk</p> <p>Red beans & rice (vegan) mashed yams, sliced pears & milk</p> <p>Ritz crackers & sun butter</p>	<p>11 WG Cheerios, orange & milk</p> <p>Minestrone soup (Vegan), crackers, banana & milk</p> <p>Pretzels and pear</p>	<p>12 Rice Krispies, apple & milk</p> <p>Chicken & eggplant soup, sliced bread, banana & milk</p> <p>WG Wheat Thins & cheese</p>	<p>13 WG Life cereal, orange & milk</p> <p>Ham & cheese on WW w/ peeled baby carrots, banana & milk</p> <p>Animal crackers & milk</p>
<p>16 WG Chex cereal, pear & milk</p> <p>Vegetarian refried beans & cheese, flour tortilla, steamed corn, banana & milk</p> <p>Pretzels & peeled baby carrots</p>	<p>17 Waffles (contain egg), applesauce & milk</p> <p>Sliced turkey & Swiss on WW w/ steamed carrots, sliced peaches & milk</p> <p>WG snack mix & pear</p>	<p>18 Bagel, orange & milk</p> <p>Beef stroganoff (contains dairy) over noodles w/ peas, fresh fruit salad & milk</p> <p>WG Rice cakes & Sun butter</p>	<p>19 WG Kix cereal, pear & milk</p> <p>Carolina style-puled pork BBQ sliders, potato salad (contains egg), fresh fruit salad & milk</p> <p>Yogurt & banana</p>	<p>20 Corn Flakes, apple & milk</p> <p>Sweet & sour chicken w/ WG brown rice, steamed broccoli, pineapple tidbits & milk</p> <p>WG oatbran muffin (contains egg) & milk</p>
<p>23 WG Life cereal, orange & milk</p> <p>Chili con carne (contains beef), crackers, banana & milk</p> <p>Soft pretzels & pear</p>	<p>24 WG Cheerios, apple & milk</p> <p>Cheese quiche (contains egg & dairy), green salad, sliced peaches & milk</p> <p>Corn muffin (contains egg & dairy) & banana</p>	<p>25 WG oatmeal, banana & milk</p> <p>Chicken vegetable soup, bread, fresh fruit salad & milk</p> <p>Cucumber spears & Goldfish crackers</p>	<p>26 Bagel, banana & milk</p> <p>Pasta & peas (contains dairy) w/ green salad, oranges & milk</p> <p>WG Goldfish & 100% apple juice</p>	<p>27 Rice Krispies, apple & milk</p> <p>Black beans & WG brown rice (vegan), guacamole salad, pineapple tidbits & milk</p> <p>Graham crackers & milk</p>
<p>30 WG Life cereal, orange & milk</p> <p>Pasta w/ meatballs (contains egg, pork, dairy & beef) & red sauce, fresh pears & milk</p> <p>Club crackers & cheese</p>	<p>31 WG Kix, apple & milk</p> <p>Mac & cheese (vegetarian), steamed mixed veggies, strawberries & milk</p> <p>Rice cakes & sun butter</p>			

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status.

Water is served for Afternoon Snack where no other beverage is listed. Milk is served with morning snack and lunch

All fresh fruit is served unless otherwise stated

All IC3 Morning Snack include a Whole Grain (WG) component with less than .212g of sugar for dry cereals