

MAY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Waffles & applesauce & milk Sliced turkey w/ provolone on WW, cucumber slices, banana & milk Graham crackers & milk
4 Rice Krispies, orange & milk Red beans & rice (vegan) w/ mashed yams, apple & milk WG Triscuits & cheese	5 WG oatbran muffin (contains egg & dairy), apple & milk Scrambled eggs, drop biscuits, breakfast potatoes, orange & milk Cereal snack mix & pear	6 WG Cheerios, apple & milk Hummus (contains garbanzo & sesame, vegan), pita, Greek salad (contains dairy), banana & milk Rice cakes & pear	7 Waffles, (contains egg & dairy), apple sauce & milk Sun butter on WW, green beans, strawberries & milk Pretzels & Orange	8 Bagels w/ cream cheese, apple & milk Beef stroganoff over pasta (egg free), steamed green beans, fruit salad & milk WG Goldfish & 100% apple juice
11 WG Kix cereal, orange & milk Macaroni & cheese (vegetarian), steamed mixed veggies, apple sauce & milk Sun butter & crackers	12 WG Life cereal, apples & milk Chicken vegetable soup w/ bread, fruit salad & milk Goldfish & pear	13 Bagel w/ cream cheese, banana & milk Falafel chili (vegan, contains sesame & garbanzo), beans, WG brown rice, fruit salad & milk Wheat Thins & apple	14 WG oatbran muffin (contains egg & dairy), banana & milk Pasta & red sauce w/ meatballs (contains pork & egg), sliced peaches & milk Yogurt & graham crackers	15 Rice Krispies, orange & milk Tuna salad on WW (contains egg), peeled baby carrots, sliced peaches & milk Animal crackers & milk
18 WG Chex cereal, orange & milk Baked chicken & rice, mixed veggies, apple sauce & milk Rice cakes & sun butter	19 WG Life cereal, pear & milk Beef soft taco w/ corn & black beans, pineapple & milk Goldfish & orange	20 WG oatmeal, banana & milk Ham & cheese on WW, 3 bean salad, apple & milk WG Wheat Thins & pear	21 WG Kix cereal, orange & milk Minestrone soup (vegan), crackers, fruit salad & milk Veggies & pretzels w/ ranch	22 Bagel w/ cream cheese, orange & milk Savory oats & egg casserole (contains dairy & egg), mashed yams & banana & milk Graham crackers & milk
25 IC3 Closed Memorial Day	26 WG Chex cereal, apple & milk Turkey & cheese on WW w/ vegetable soup, pear & milk Pretzels & banana	27 Bagel w/ cream cheese, orange & milk Cheese pizza w/ green salad, apple & milk WG cereal snack mix & pear	28 WG Life cereal, banana & milk Macaroni & cheese (vegetarian), steamed peas, fruit salad & milk Rice cakes & sun butter	29 WG oatmeal, apple & milk Chicken salad wrap (contains egg), peeled baby carrots, strawberries & milk Yogurt & banana

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status.

Water is served for Afternoon Snack where no other beverage is listed. Milk is served with morning snack and lunch

All fresh fruit is served unless otherwise stated

All IC3 Morning Snack include a Whole Grain (WG) component with less than .212g of sugar for dry cereals