

AUGUST 2026

Monday	Tuesday	Wednesday	Thursday	Friday
3 WG Cheerios, apple & milk Sweet & sour meatballs (contains beef, pork, egg & dairy) w/ rice, broccoli, watermelon & milk Triscuits & cheese	4 Waffle (contains egg), banana & milk Sliced turkey & cheese on WW, 3 Bean salad, strawberries & milk Celery sticks w/ sun butter	5 WG Kix cereal, orange & milk Mac n Cheese (vegetarian) w/ steamed mixed veggies & milk Goldfish & 100% apple juice	6 WG oat bran muffin (contains egg & dairy) w/ apples & milk Chicken salad (contains egg & dairy) on WW w/ lettuce, tomato, strawberries & milk Cucumbers & pretzels w/ dip (contains dairy)	7 WG Chex cereal, banana & milk Cheese pizza (vegetarian) w/ steamed mixed veggies, fruit salad & milk Graham crackers & milk
10 Corn muffin (contains egg & dairy), orange & milk Beef soft taco w/ salsa, corn, strawberries & milk WG Goldfish & apple	11 Rice Krispies, pear & milk Sun butter (vegan) on WW w/ steamed green beans, peaches & milk Soft pretzels & plums	12 Waffle (contains egg), apple & milk Chicken Caesar salad (contains dairy, egg, anchovy paste) w/ club crackers, orange & milk Yogurt & banana	13 Cornflakes, banana & milk Pasta marinara (vegetarian) w/ shredded Mozzarella, fruit salad & milk WG rice cakes & kiwi	14 Oat bran muffin (contains egg & dairy), apple & milk BBQ pulled pork sliders w/ baked potatoes, watermelon & milk Whole grain snack mix & pear
17 Bagel (contains sesame), orange & milk Sliced ham & Swiss on WW w/ lettuce, tomato, apple & milk Ritz crackers & cheese	18 WG Life Cereal, orange & milk Yogurt, banana, peeled baby carrots, graham crackers & milk Pretzels & apple	19 WG Cheerios, pear & milk Tunna salad (contains egg) on sour dough w/ plums, 3 bean salad & milk WG snack mix & apple	20 Waffle (contains egg), orange & milk Chicken soft taco w/ corn & black beans, fruit salad & milk WG Goldfish crackers & apple	21 WG Chex cereal, orange & milk Cheese pizza, steamed broccoli & cauliflower, banana & milk Animal crackers & milk
24 WG Kix cereal, pear & milk Mac n Cheese (vegetarian) w/ steamed peas & carrots & milk Rice cakes & sun butter	25 Corn muffin (contains egg & dairy), banana & milk Baked chicken w/ couscous salad, pear & milk WG Triscuits & 100% apple juice	26 Life cereal, orange & milk BBQ beef sliders, boiled potatoes, fruit salad & milk Bran muffin (contains egg & dairy) & pear	27 Bagel (contains sesame), banana & milk Hummus (contains sesame, vegan) w/ pita, peeled baby carrots, sliced peaches & milk WG Wheat Thins w/ cheese	28 Chex cereal, orange & milk Sliced turkey & cheese on WW w/ peeled baby carrots, strawberries & milk Graham crackers & milk
31 WG Cheerios, banana & milk Black beans & rice w/ corn, apple & milk Animal crackers & milk				

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status.

Water is served for Afternoon Snack where no other beverage is listed. Milk is served with morning snack and lunch

All fresh fruit is served unless otherwise stated

All IC3 Morning Snack include a Whole Grain (WG) component with less than .212g of sugar for dry cereals